

The Garden Gate

MY FATHER IS THE GARDENER...I AM THE GATE; WHOEVER ENTERS THROUGH ME WILL BE SAVED. *JOHN 15:1; 10:9*

Moving On?

Is your time in Rochester ending? Don't lose touch with the Side By Side Rochester group. You can still receive the Garden Gate by e-mail. Send your e-mail to sidebysiderochester@yahoo.com to be included in the e-mail version of the Garden Gate.

Summer Park Dates

Bring yourselves, your kids, a picnic and a friend!

Wednesdays, June 2 - June 30 and July 21 at Manor Park

9:30 - 11:30am

Take 3rd St NW west from West Circle Drive

Looking for a way to connect this summer?

Join us for Bible Study!

Wednesdays, July 7, 14, 28, and Aug. 4, 11, 18

9:30-10 Coffee and Chatter

10-11 Bible Study

We meet at:

Autumn Ridge Church

3611 Salem Rd. SW

Childcare is available for a small fee

Two Study Options:

After the Boxes are Unpacked: Moving On after Moving In.

More than 40 million Americans move each year, and studies show that it can be one of the heaviest strains on a marriage. For women especially, relocating can be a traumatic event. Those who are moving will find this book as valuable as important as packing tape. With true stories, ingenious insights, and helpful hints, women

can transition smoothly and get on with their lives.

Frappe with Philippians

Frappe with Philippians is part of the Coffee Cup Bible Series, a series of Bible studies for women in compact, workbook format that examine the "life and times" of certain Bible characters and the books of the Bible that pertain to them. Each study is to be read over a four-to six week period, and study sections are broken down into short daily segments designed to fit readers' busy lifestyles.

Call Chris at 507-289-6275 for more information or email chrisschmit@yahoo.com

Fall Registration Picnic

Please join us on Tuesday, August 10th from 10:00 - 1:00 at Essex Park for our annual Registration Picnic.

We'll be registering for Fall session of Side By Side and you'll get to preview the choices of books available in the fall and picnic together while the kids play at this beautiful park.

Bring your lunch and drink! Dessert will be provided. The park has picnic tables and there is a covered pavilion in case of rain and restroom facilities. You are as always welcome to bring a friend or invite someone new! And if you are new to Rochester consider this a personal invitation to join us! It'll be a fun day.

Directions to Essex Park: From Highway 52, go east on 55th Street about 2 1/2 miles (past 18th Ave). The entrance to Essex Park will be on your right. Follow the road through the park until it ends in a parking lot and you see the playground.

Volume 10, Issue 1

Summer 2010

Dates to Remember

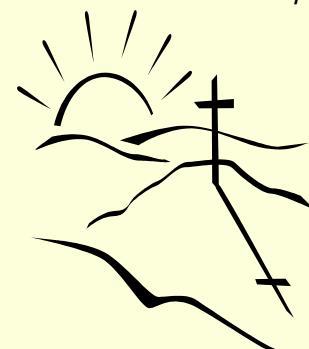
- Wednesdays June 2 - June 30 and July 21, Park Dates
- August 10th - Registration Picnic, Essex Park, 10am-1pm
- September 10th - Morning Welcome Brunch

2009 - 10 Theme Verse

The LORD is the everlasting God, the Creator of the ends of the earth.

He will not grow tired or weary, and his understanding no one can fathom.

Isaiah 40:28



Side by Side Rochester

www.sidebyside-rochester.org

Side by Side
Morning - Rochester

Steering Committee
 2009 - 2010

Nicole Dufendach
 (616) 204-1376
nicole.dufendach@gmail.com

Chris Schmit
 289-6275
chrisschmit@yahoo.com

Stephanie Schmitt
 289-8475
stephaniejschmitt@gmail.com

Abbie-Jo Wilcox
 252-6984
rybawilcox@charter.net

Maryn Umbreit
 206-3831
umbreitm@gmail.com



Friday Morning SBS Fall Book Choices

This year we're going to kick off the 2010-2011 year of Side By Side with a six weeks study of *The Power of a Praying Wife* by Stormie Omartian. We hope this study will encourage all of us to develop a deeper relationship with our husbands by praying for them. While everyone in Side By Side will begin the year studying the same book, you will be connected to a small group of women starting right away in September. This will be your group for the whole year.

Small Group Options (These studies will begin in October. Please list your choice on your registration form. Books can be previewed at the SBS Registration Picnic.)

- A. *Amazing Collection: The Poetic Books*
Amazing Collection: The Major Prophets

The Amazing Collection is a workbook series focusing on main themes of scripture. This year the Amazing Collection groups will be reading through the poetic books and the major prophets. The companion workbook includes a study section for each book of the Bible in that set. The study section includes an outline of the teaching, maps and charts, questions for group discussion or personal meditation, and five daily lessons. The daily lessons can be done in two ways:

Quick Read is for busy women with only twenty minutes a day and Complete Read is for the student with more time for study.

- B. *Calm My Anxious Heart* by Linda Dillow

Women worry a lot. We fret about our children, our friends, our careers, our spouses---the list goes on and on! If you're tired of being held hostage to a million "what ifs," Dillow's 12-week Bible study will provide the help you need to exchange your anxieties for godly peace and contentment.

The Peacemaker: A Biblical Guide to Resolving Personal Conflict by Ken Sande

Experience the healing power of biblical peacemaking as you learn to apply scriptural principles to conflict in the world around you. Parse the elements of arguments and begin to see that there's not really any difference that can't be overcome with the right perspective. It's practical guidance for resolving all types of conflict and maintaining healthy and Godly relationships.

- C. *Living Beyond Yourself: The Fruits of the Spirit* by Beth Moore

Through this study you'll come to appreciate the supernatural aspects of the fruit and that you cannot grow, learn, or produce the fruit on your own. Beth challenges you to develop the fruit by maintaining an intimate relationship with the Spirit of God. This Learner Guide is a ten-week study with personal interactive studies for five days a week. At the end of each week's study is a Listening Guide for the group video sessions.

(continued on page 3)

Evening Group Fall Book Choices

The Evening group meets in members homes and does not provide childcare. Babies in arms are welcome.

#1

As for Me and My House: Crafting your Marriage to Last.

By Walter Wangerin Jr.

#2

"Women of the Old Testament: Learning from them so we can be better women today." The actual study book will be decided on this summer.

#3

To be determined. Possibly *Ruth/Esther and Ephesians*, the first semester

FALL MORNING STUDIES CONTINUED

D. *Lord, Only You Can Change Me* by Kay Arthur
 Can God Really Change You from the Inside Out? Yes! Who are you...on the inside? Are you growing into the image of Christ? Or are you far from being all you want to be in the Lord? If you've ever wondered how you can truly change, now there's hope. Jesus invites you to stop trying to develop godliness through your own efforts and to start relying on the indwelling Holy Spirit. This study will walk you through the Beatitudes of Christ, from the Sermon on the Mount.

E. *That the World May Know: The Life & Ministry of the Messiah*
That the World May Know: The Death and Resurrection of the Messiah
 Faith Lessons by Ray Vander Laan illuminate the historical, geographical, and cultural context of the sacred Scriptures. The Life & Ministry of the Messiah Discovery Guide focuses on Scripture explored in the DVD and includes sidebars, maps, photos, charts, and questions that facilitate discussion at group sessions. Each week includes 5 personal Bible studies between each session that help you deepen your learning experience and application.

2010 - 2011 Meeting Dates

September 10, 17 & 24
 October 1, 8, 15 & 29
 November 5 & 19
 December 3, 10 & 17
 January 7, 14 & 21
 February 4, 11 & 25
 March 4, 11 & 18
 April 8, 15 & 29
 May 6, 13 & 20



Side by Side
Night - Rochester

Steering Committee

2009 - 2010

Cori Baker

507-206-3472

corinnbakero1@gmail.com

Leah Calvin

(651) 238-3821

leah.calvin@gmail.com

Kelly-Kate Sheldon

(970) 319-9315

kellyksheldon@gmail.com

Cecelia McPhail

529-5606

ceceliajeter@yahoo.com

Side by Side enjoys group time, worship time and social events throughout the year!





SideBySide

A Ministry of CMDA for Medical Wives
Rochester, MN- 2010/2011 Registration

Name: _____

Address: _____ Zip Code: _____

Phone: _____ Email: _____

Occupation _____

Hometown: City _____ State _____ Birthday: _____

Spouse's Name: _____ Department/or Job: _____

Is he a: (Circle) student /resident /fellow/consultant _____

If your spouse is 'in training', what year will he finish at Mayo? (Circle) 2011 /'12/'13/'14/ 15/16 I don't know

Is this your first year in Rochester? (Circle) Yes/No Is this your first year at SBS? (Circle) Yes/No

I am expecting a baby (circle) Yes, I'm due: _____ / No

Will you be on an away rotation this year? If so, where & when? _____

Church attending/affiliation (Optional): _____

My small group book choice is (please reference list below): _____

- A: Amazing Collection: The Poetic Books; The Major Prophets
- B: Calm My Anxious Heart by Linda Dillow; The Peacemaker by Ken Sande
- C: Living Beyond Yourself: The Fruits of the Spirit by Beth Moore
- D: Lord, Only You Can Change Me by Kay Arthur
- E: That the World May Know: The Life & Ministry of the Messiah; The Death & Resurrection of the Messiah by Ray VanderLaan
- F: International Group

I would like to be in a small group with (list one person and that person must also list you) _____

Please initial the three spaces noting your agreement with the following:

___ I give permission for myself and/or my children to be photographed/videoed for the sole purpose of publicizing Side By Side.

No identifying information will be revealed without additional expressed consent.

___ I give Side By Side permission to publish pertinent information in a directory to be distributed to SBS members. No commercial use is intended.

___ I also grant permission for Side By Side to use my email for announcements and monthly devotional

*****Turn over for dues and children information*****



Children's Names (Please list all)	Birthday	What School/Grade? (ex. Sunset Terrace, 2 nd)	Will he/she need Childcare at SBS?*	Any Special Needs/ Allergies?
	__/__/__		Yes / No	
	__/__/__		Yes / No	
	__/__/__		Yes / No	
	__/__/__		Yes / No	
	__/__/__		Yes / No	
	__/__/__		Yes / No	

*SBS-Morning only offers childcare. Babies in arms are welcome in small group. Once children start moving they are better taken care of in childcare.

__ I am interested in talking confidentially to someone about receiving a scholarship for childcare fees.

Please fill in the appropriate amounts for your situation in the column on the right and add up your total fees*

Dues:

Resident/Fellow/Medical Student (\$15) _____

Consultants/Non Medical Spouses (\$30) _____

Childcare Fees for Fall (through January):

1 Child (\$85) _____

2 Children (\$115) _____

3+ Children (\$145) _____

Donation _____

Total: _____

Forms must be accompanied with payment

SBS-Morning
Please return this form with your appropriate dues and
childcare fees (Payable to SBS) to:
Stephanie Schmitt
818 46th Ave. NW
Rochester, MN 55901

Books will be available for purchase at the Fall Kick-Off

Happy Birthday!!



June 4 Sonya Jerome
 June 9 Tricia Solomon
 June 18 Suzanne Sedlmajer
 June 22 Cora Limburg
 June 23 Maria Sagar
 June 24 Karly Harden
 June 27 Marlene Murray
 June 28 Julie Collins
 June 30 Ingrid Ansell

July 4 Gayle Moir
 July 5 May Ling Chen
 July 7 Ceresa Caudill
 July 10 Kim Larson
 July 12 Nicole Dufendach
 July 15 Soojin Kim
 July 17 Sari Hartzler
 July 24 Kirsi Mohney
 July 27 Kristi Engman
 Erin Griffin
 July 28 Rosebud Roberts
 July 29 Patti Shin
 Katie Stafford
 August 1 Suzanne Swain
 August 2 Ingrid Geske
 August 3 Sarah Talwalkar
 August 8 Elizabeth Pershing
 August 10 Meghan Dempsey
 August 11 Cheri Milligan
 August 15 Courtney Bledsoe
 Katie Rogstad
 August 16 Becky Homme
 August 21 Betsy Recker
 August 25 Robin Kaufmann

Garden Gate Information

The Garden Gate is published six times per year. The Garden Gate is passed out at the first morning meeting of the month and then mailed to those members who don't pick theirs up. The Garden Gate is e-mailed to all night members as well as those morning members or alumni who have chosen to receive the Garden Gate electronically. Past issues are also available on the website.

If you would like to change your delivery method please contact the Garden Gate editor, Cheri Milligan at cherim@kualumni.org. If you would like to contribute to the Garden Gate please e-mail Cheri by the 20th of the month prior to publication.

Baby News

Congratulations to...

● **LaNae & Brian Richardson** on the arrival of **Livia Joy** on April 18th! She weighed in at 8lbs 8oz. and was 21 inches long.

● **Faith & Matthew Thomas** on the birth of their fourth child, **Ezra Matthew**. He was born on March 14th. He weighed 7lbs 8 oz and was 20 1/2 inches long.

● **Beth & Brian Gross** on the birth of **Baelyn Elizabeth**. She arrived several weeks early on May 3rd, at 12:50pm. She weighed 5 lbs 4 oz and was 19 inches long!



● **Erin & John Griffin** and big sister Sarah who welcomed **Samantha Elspeth** on May 20th. She weighed 7lbs 12oz and was 19.5 inches long.



What is Side By Side Rochester?

Side By Side Rochester is a group of women who desire to grow in their walk with the Lord while supporting one another as medical spouses. Being married to a doctor brings with it a unique set of circumstances. We are here to pray for, love and encourage one another through whatever those circumstances might be, while spurring one another on in our personal relationships with Jesus Christ.

Our goals are as follows:

- To build Christian friendships through fellowship.
- To be a place of prayer and support.
- To challenge women to study and apply the Bible to their lives daily.
- To learn more about God and the Bible while growing in our relationship with Jesus Christ.
- To provide a safe atmosphere for children where Biblical principals are modeled and taught.

While striving to meet those goals, we are committed to nurturing and upholding these truths:

We believe in one God who exists in three persons: Father, Son and Holy Spirit. We believe the Bible is the inspired Word of God. We believe Jesus died for our sins and rose from the dead. Through his sacrifice, we can have eternal life and a personal relationship with God. The purpose of Bible Study is to help each of us grow in that relationship through study and fellowship.

The women of Side By Side come from all over the United States and from countries all over the world. We have different backgrounds and were raised in different denominations, many having never attended a bible study before!

We extend you an invitation to join us!

THEREFORE ENCOURAGE ONE ANOTHER AND BUILD EACH OTHER UP...I THESSALONIANS 5:11

The Garden Gate
Side By Side - Rochester
c/o Cheri Milligan
4415 56th St NW
Rochester, MN 55901

Meeting at Autumn Ridge Church
for the 2009-10 year
and in members' homes

