

# The Garden Gate

MY FATHER IS THE GARDENER...I AM THE GATE; WHOEVER ENTERS THROUGH ME WILL BE SAVED. *JOHN 15:1; 10:9*

## Summer Park Dates

Bring yourselves, your kids, a picnic and a friend!

Wednesday, June 17: Kutzky Park (behind the Olive Garden)

Thursday, July 16: Soldier's Field Park next to the YMCA

## Summer Studies

### **Welcome to Rochester/After the Boxes are Unpacked**

Leaders: Cari Ekbohm, Steph Schmitt, Jess Swetz, MaryBeth Hoover, and Jackie Tilburt

Autumn Ridge 9:30-11

Tuesdays: July 7, 14, 21, 28; August 4, 18

CHILDCARE AVAILABLE; Book fee plus childcare fee

Contact: Jackie Tilburt at: jackie.tilburt@charter.net to sign up.

### **Real Moms.....Real Jesus: Meet the Friend Who Understands** **by Jill Savage**

Leaders: Karen Seery, Deola Adekola, Sabrina Finkbone

Autumn Ridge 9:30-11

Tuesdays: July 7, 14, 28; August 4, 18

CHILDCARE AVAILABLE; Book fee plus childcare fee

**COURSE DESCRIPTION:** What does Jesus know about the peanut-butter-and-jelly life of a mom? Plenty! Jill Savage, founder and director of Hearts at Home, introduces the real Jesus to real moms. In chapters that examine key behaviors and decisions Jesus made during His life on earth, Jill brings those lessons right down to the laundry-filled, sticky-fingered days every mother knows. Between the chapters are interactive vignettes that turn the concept of the book back around. Jill continually reminds the reader that Jesus is not an unattainable deity, but a Friend who understands.

Contact: Karen Seery at: kareenseery@gmail.com to sign up.

(continued on page 2)

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June/July 2009

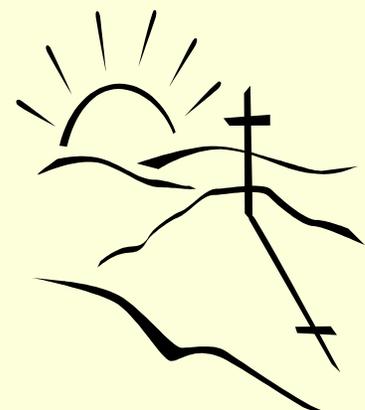
### Dates to Remember

- August 11 - Registration Picnic at Essex Park 10:30-1
- August 25 - Leader's Training at ARC 6:30-8pm
- September 11 - First Fall Meeting Date for AM

2008 - 09 Theme Verse

Many are the plans in the man's heart, but it is the Lord's purpose that prevails.

*Proverbs 19:21*



*Side by Side Rochester*

*www.sidebyside-rochester.org*

*Side by Side*  
*Morning - Rochester*

*Steering Committee*  
 2008 - 2009

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 289-8475

*Abbie-Jo Wilcox*  
 252-6984  
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SUMMER STUDIES CONTINUED

**How Do You Walk the Walk You Talk by Kay Arthur**

Leaders: LeeAnn Tebben and Robin Kaufman

Chris Schmit's home 9:30 - 11

Tuesdays: June 9, 16, 23, 30; July 7, 14

NO CHILDCARE; Book fee

COURSE DESCRIPTION: You are surrounded by a world that's watching you, waiting to see if what you say is true—if you really believe what you say and “walk the walk you talk”. That thought may seem overwhelming, even intimidating. This basic inductive Bible study of vital passages from Ephesians will help you discover what God says about the lifestyle of a true believer. And it will equip you to live in a manner worthy of your calling—with the ultimate goal of developing a life marked by maturity, Christlikeness, and peace. Get started on an authentic walk with God that matches your talk! Light homework, 6-week easy introduction to inductive style study. Book has a unique format that includes Scripture alongside the text.

Contact: LeeAnn Tebben at: [leeanntebben@gmail.com](mailto:leeanntebben@gmail.com) to sign up.

**Looking for "experts" in American hobbies to demonstrate to our international group's summer study.** If you can come demonstrate scrap-booking, card making, knitting, beading, running, hiking, or any other hobby, please let Kirsi (529-9270 [kirsimohney@hotmail.com](mailto:kirsimohney@hotmail.com)) know.

Dates: Tuesday mornings (9:30am-11:15am, at Kirsi's house, babysitting provided)

June 16, July 7&14, August 11 & 18

**Tuesday Evening Summer Study**

Please contact Nicole Dufendach [nicole.dufendach@gmail.com](mailto:nicole.dufendach@gmail.com) for information regarding the evening study. Childcare is not provided.

**Upcoming Night Events**

Contact any member of the PM Steering Committee for more information

June 16 - PM Social 7pm

July 22 - PM Service project at Ronald McDonald House

August 11 - PM Social

## Life After Training: Lessons Learned

By *Jody Magera*

July 1 – we all know it well as that date on the calendar which marks beginnings of different phases in our lives as medical families. Last year was “our July 1”, the much anticipated day when we completed 10 years of medical training. I must humbly tell you that the months that followed that exciting day were very difficult. Now that a year has passed and the gray skies overhead are lifting, I feel compelled to share my story with you, especially my sisters who are completing training this year, in hopes that you can learn from my experiences.

My years in residency, although difficult because of Jim’s grueling hours, were very fruitful on a spiritual and relationship level. Side By Side and the deep Christian friendships formed there provided a comfortable, safe haven from the hard realities of life as a medical spouse. What I discovered after leaving Rochester and starting over again in a new town is that I had become a medical snob. It wasn’t that I thought I was better than anyone else because my husband was a doctor. Instead, I had convinced myself that the only meaningful friendships I could have were with women whose husbands were in the medical field because only they could truly understand my life. After a relatively lonely year, I have begun to realize that perhaps God hasn’t answered my prayers for medical friends in Iowa to teach me to be more open-minded in my ideas about friendship. As I’ve surrendered to this idea and started to open myself up to the women God has placed

around me, I’m discovering promising new possibilities.

Another mistake I made was to compare all bible studies in my new town to Side By Side instead of just appreciating them for what they were. Side By Side does an amazing job of welcoming new women into the fold and making it easy to become involved. When my first fall rolled around in Iowa, I was crushed when I couldn’t find any womens’ bible study groups advertising their options and urging new women to get involved. I have found after many months that I’ve had to be very proactive to work my way

into long-standing bible study groups that aren’t geared towards influxes of new women every year. These bible studies are good, just different from what I’d become accustomed to, and after I started accepting the differences, my attitude has been much improved.

If you’re moving on this year, I urge you to continue to rely on your Side By Side sisters near or far. Hopefully, you’ll be fortunate enough to move to a city that has a Side By Side chapter and you can plug in there. If not, remember you still have great medical wife friends to call on for support, it just has to be over phone and email now. As I’ve been brave enough to admit to these friends the pains I’m feeling in this new phase of medical life, I’ve been so blessed by their love and care. *(continued on page 7)*

Psalms 119:50 tells us, “My comfort in my suffering is this: Your promise preserves my life.”

*Side by Side  
Night - Rochester*

*Steering Committee*

*2008 - 2009*

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# Steering Committee Opening

Do you enjoy planning events? Meeting new people? Are you organized? SBS is looking for someone to take over as Special Events Coordinator in the fall of 2009. The position requires a two-year commitment. This volunteer would shadow the current SEC through the summer and take over after the Fall Kick-Off. If this description matches your gifts, please prayerfully consider joining SBS's Steering Committee. Contact Lori Daugherty ([ladaugherty@hotmail.com](mailto:ladaugherty@hotmail.com)) for more information.

**Special Events Coordinator:**

Large Group Social Events  
 Summer Study Coordination  
 Fundraisers as needed  
 Volunteer Appreciation Event

Welcome Picnic  
 Book Store Day  
 Community Outreach / Small Group Mission Ideas

## Addresses of our Departing Friends

If you would like to have your new address posted for other members to find you please e-mail [cherim76@gmail.com](mailto:cherim76@gmail.com). If you would like to continue to receive the Garden Gate by e-mail please e-mail [sidebysiderochester@yahoo.com](mailto:sidebysiderochester@yahoo.com)

Sarah Enke  
 6585 Deer Isle Dr.  
 Cherry Valley, IL 61016  
 815-980-0299

Ashley Ennis  
 90 Buckingham Place  
 Lebanon, NH 03766

Amy Scanlan  
 1349 Heathbrook Circle  
 Asheville, NC 28803

The night group would also like to wish their departing members luck in their new locations:

- Kristia Salisbury, Kansas City, MO
- Rebecca Fountain, Memphis, TN
- Esther Claassen, Charlottesville, VA.

## Happy Birthday!!



- June 2 Emily Crowder
- June 5 Kimiko Hurdle
- June 6 Julia Snelson
- June 8 Catherine McGovern
- June 9 Tricia Solomon  
Molly Turner
- June 11 Diana Carey
- June 16 Michelle Schomas
- June 17 Youngsun Choi
- June 19 Rebecca Fountain
- June 23 Emiko Hayashi  
Maria Sagar
- June 24 Karly Harden
- June 27 Erin McDonough  
Marlene Murray
- June 28 Julie Collins
- June 30 Ingrid Ansell

- July 1 Jenni Taunton
- July 2 Doreen Osborn
- July 5 May Ling Chen
- July 7 Ceresa Caudill
- July 12 Nicole Dufendach
- July 15 Chizue Yamamoto
- July 17 Sue Davies
- July 20 Jenny Lee  
Mandie Peel
- July 21 Kristen Yuan
- July 22 Suei-Ching An  
Molly Smith
- July 24 Kirsi Mohney
- July 27 Kristi Engman
- July 28 Rosebud Roberts
- July 29 Patti Shin



A Ministry of CMDA for Medical Wives  
Rochester, MN- 2009/2010 Registration

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_ Email: \_\_\_\_\_  
Occupation \_\_\_\_\_  
Hometown: City \_\_\_\_\_ State \_\_\_\_\_ Birthday: \_\_\_\_\_  
Spouse's Name: \_\_\_\_\_ Department/or Job: \_\_\_\_\_

Is he a: (Circle) student /resident /fellow/consultant \_\_\_\_\_  
If your spouse is 'in training', what year will he finish at Mayo? (Circle) 2010/'11 /'12/'13/'14/ 15/ I don't know  
Is this your first year in Rochester? (Circle) Yes/No Is this your first year at SBS? (Circle) Yes/No  
I am new and would like to be matched with a hostess/sponsor (Circle) yes / no

Children's Names (Please list all)	Birthday	What School/Grade? (ex. Sunset Terrace, 2nd)	Will he/she need Childcare at SBS?*	Any Special Needs/ Allergies?
	__ / __ / __		Yes / No	
	__ / __ / __		Yes / No	
	__ / __ / __		Yes / No	
	__ / __ / __		Yes / No	
	__ / __ / __		Yes / No	
	__ / __ / __		Yes / No	

\*SBS-Morning only offers childcare. SBS-Night welcomes nursing babies to attend.

I am expecting a baby (circle) Yes, I'm due: \_\_\_\_\_ / No  
I would like to be in a small group with (List only 1 person, please) \_\_\_\_\_  
Will you be on an away rotation this year? If so, where & when? \_\_\_\_\_  
Church attending/affiliation (Optional): \_\_\_\_\_

**Please check the following boxes if any apply to your situation:**

- I will give a donation to help offset the operating cost of Bible study and/or give a scholarship.
- I will give (Circle) \$25 \$50 \$100 other amount \_\_\_\_\_ (payable to 'SBS')
- I am interested in talking confidentially to someone about receiving a scholarship for childcare dues.

**Please initial the three spaces noting your agreement with the following:**

- I give permission for myself and/or my children to be photographed/videoed for the sole purpose of publicizing Side By Side. No identifying information will be revealed without additional expressed consent.
- I give Side By Side permission to publish pertinent information in a directory to be distributed to SBS members. No commercial use is intended.
- I also grant permission for Side By Side to use my email for announcements and monthly devotional.



**SBS-Morning**

Please return this form and \$15 residents/fellows/medical students\* or \$30 Consultants and all other\* (Payable to SBS) to:

Stephanie Schmitt  
818 46<sup>th</sup> Ave. NW  
Rochester, MN 55901

or

email form to [sidebysiderochester@yahoo.com](mailto:sidebysiderochester@yahoo.com)

**SBS-Night**

Please return this form by email to [sbs.night@yahoo.com](mailto:sbs.night@yahoo.com). A \$10 registration fee and book fee (if applicable) will be collected at a later date.

\*Books & Childcare can be paid for at Side By Side.

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## LIFE AFTER TRAINING: LESSONS LEARNED CONTINUED

And make plans to visit your Side By Side friends around the country! One of the most rewarding things I've done in the past year is to visit my dear residency friend Cassie and experience her new life in Alabama.

My final advice to you is not to forget to call on the one true friend who is with you no matter where you go, our Lord Jesus. I have to admit I had days this year where I was upset with the way post-training life was turning out and was angry with God for not making the path smoother. My husband is in a surgical specialty where 50% of physicians leave their first practice within two years and from day to day, we're still not sure which side of that statistic we're going to land on. I've had to remind myself that God isn't concerned with my comfort, but is concerned with my character. Psalms 119:50 tells us, "My comfort in my suffering is this: Your promise preserves my life." I do finally have peace in the situation knowing that God has a plan and is using the situation to strengthen us. My prayer for those of you moving on to the next phase of medical life is that you will fully rely on God and have peace in his plan for your new life. Blessings to you! Jody Magera (jnjmagera@gmail.com)

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## Fall AM Book Choices

Book selections are made at the picnic in August, this information will give you time to make your choice. If you can not attend the picnic e-mail your choice to [sidebysiderochester@yahoo.com](mailto:sidebysiderochester@yahoo.com) or include it on your registration form.

### **A- Esther: Its Tough Being a Woman by Beth Moore (18 weeks)**

In this workbook and DVD study, readers learn that Esther may have been a queen, but her life was no fairy tale. An outsider, a foreigner, and an orphan, she found herself facing an evil plan to destroy her people. The Old Testament story of Esther is a profile in courage and contains many modern parallels for today's overloaded and stressed woman.

### **B - Christianity Explored (10 weeks)**

Developed over 10 years, Christianity Explored is an informal course for people who'd like to investigate Christianity, or just brush up on the basics. This course focuses on the Gospel of Mark. The aim is to help people answer three questions that cut to the heart of Christianity: Who was Jesus? Why did Jesus come? And what does Jesus demand of those who want to follow him?

### **Having a Mary Heart in a Martha World by Joanna Weaver (12 weeks)**

The life of a woman today isn't really all that different from that of Mary and Martha in the New Testament. Like Mary, you long to sit at the Lord's feet...but the daily demands of a busy world just won't leave you alone. Like Martha, you love Jesus and really want to serve him...yet you struggle with weariness, resentment, and feelings of inadequacy. Joanna Weaver shows how all of us can draw closer to our Lord, deepening our devotion, strengthening our service, and doing both with less stress and greater joy.

### **C - The Amazing Collection by Big Dreams Ministries**

This is a video and workbook Bible study for women. Each week will give an overview of one book in the Bible. The main characters and theme of each book comes alive with dynamic teaching, music videos, and personal testimonies.

### **D - Desiring God's Own Heart (1 & 2 Samuel, 1 Chronicles) by Kay Arthur and David Arthur**

During Israel's transition from judges to kings, two men appeared. One followed humbly after God's heart; the other proudly rejected His counsel. Learn how to trust Him when the odds seem stacked against you. Inductive Bible Study shows you how to discover God's Truth for yourself, leading you carefully through the steps of observation, interpretation and application. Be ready to highlight, underline, and mark up your Bibles for this in-depth course.

FALL AM BOOK CHOICES CONTINUED

**E - How to Debt-Proof Your Marriage by Mary Hunt (25 chapters)**

This highly practical book helps readers bring the principles of intimacy –including acceptance, freedom, safety, and honesty--into money management and thus create an atmosphere that unifies two lives into one.

**Spiritual Gifts, LifeGuide topical Bible Study by R. Paul Stevens**

In this study, R. Paul Stevens leads you to explore what spiritual gifts are, what their role is in the church and how to discover which gifts God has given you. You'll dig into key passages on spiritual gifts and look at specific examples of how they were manifested in the early church.

**F - When Life and Beliefs Collide by Carolyn Custis James (9 weeks)**

Carolyn Custis James shares her journey to understanding exactly how Christian theology fits into women's lives. James asserts that when life's problems emerge, women will rely on their knowledge of God to carry them through. If their understanding of God's unchangeable character is sound, these hurting women have solid resources to draw on and emerge from difficulties as stronger and more resilient Christians. And those whose theology is weak will quaver when the storms hit.

**The Peacemaker: A Biblical Guide to Resolving Personal Conflict by Ken Sandy**

(8 or 12 weeks -25 min. videos option for Peacemaking Church Curriculum)

Ken Sandy describes powerful biblical principles you can use to resolve everything from simple personal offenses to family and marital conflicts, church divisions, business and employment disputes, and complicated lawsuits. Includes practical illustrations and detailed application questions.

**G - International Group**

Bible study coupled with english language practice.

2009 - 2010 AM Schedule

August 2009

- 11 - Registration Picnic, Essex Park
- 25 - Leader Training, ARC, 6:30-8pm

September

- 11 - Fall Brunch
- 18 & 25 - Small Groups Meet

October

- 2, 23 & 30 - Small Groups Meet
- 13 - Leader's Meeting 9:30-11

November

- 6 & 20 - Small Groups Meet

December

- 4 & 18 - Small Groups Meet
- 8 - Volunteer Christmas Party

January 2010

- 8 & 22 - Small Groups Meet
- 15 - Winter Brunch

February

- 5, 19 & 26 - Small Groups Meet
- 9 - Leader's Meeting 9:30-11

March

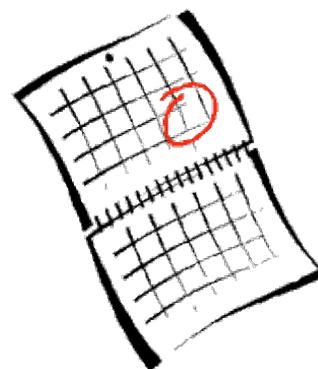
- 5, 12 & 19 - Small Groups Meet

April

- 9, 16, 23 & 30 - Small Groups Meet
- 13 - Leader's Meeting 9:30-11

May

- 7 & 14 - Small Groups Meet
- 21 - Farewell Brunch



# Baby News

Congratulations to

Kevin and Nicole Dufendach on  
the arrival of

Addison Reid

April 2, 7 lbs 13.4 oz, 19 3/4  
inches long

Stephanie & Bill Schmitt on the  
arrival of

Charles Robert

April 9, 7lbs 5oz, 20.5 inches  
long

Rebecca & Tayyab Diwan on  
the arrival of

Rowan Tayyab

April 16, 6lbs 13oz, 19 1/4 inches  
long

Eric and Cami Kirkkson on the  
arrival of

Brock Evan

May 5, 2009, 7lbs 9 ounces

Jenny & Edward Lee on the  
arrival of

Kenneth Jong-Min

May 5, 7 lbs 6 oz, 20 inches long

Tricia & Ben Solomon on the  
arrival of

Luke Robert

May 20, 7 lbs 14 oz, 21 inches  
long

Kate & Bob Bartelt on the  
arrival of

Daniel Robert

June 1, 6lbs 15.8oz, 18 3/4 inches



## Garden Gate Information

The Garden Gate is published six times per year. The Garden Gate is passed out at the first morning meeting of the month and then mailed to those members who don't pick theirs up. The Garden Gate is e-mailed to all night members as well as those morning members or alumni who have chosen to receive the Garden Gate electronically. Past issues are also available on the website.

If you would like to change your delivery method please contact the Garden Gate editor, Cheri Milligan at [cherim@kualumni.org](mailto:cherim@kualumni.org). If you would like to contribute to the Garden Gate please e-mail Cheri by the 20th of the month prior to publication.

## Contributors

### JODY MAGERA

Jody Magera is originally from Havre, MT where she met and married her high school sweetheart Jim. They spent 6 years in Rochester, MN where Jim completed a Urology residency at Mayo and Jody was an accounting professor at University Center Rochester. She treasures the years spent in Rochester and the amazing friends made there through Side By Side. They now live in Iowa City, IA with their three daughters - Ellie (8), Paige (5), and Macey (1).



# What is Side By Side Rochester?

Side By Side Rochester is a group of women who desire to grow in their walk with the Lord while supporting one another as medical spouses. Being married to a doctor brings with it a unique set of circumstances. We are here to pray for, love and encourage one another through whatever those circumstances might be, while spurring one another on in our personal relationships with Jesus Christ.

Our goals are as follows:

- To build Christian friendships through fellowship.
- To be a place of prayer and support.
- To challenge women to study and apply the Bible to their lives daily.
- To learn more about God and the Bible while growing in our relationship with Jesus Christ.
- To provide a safe atmosphere for children where Biblical principals are modeled and taught.

While striving to meet those goals, we are committed to nurturing and upholding these truths:

We believe in one God who exists in three persons: Father, Son and Holy Spirit. We believe the Bible is the inspired Word of God. We believe Jesus died for our sins and rose from the dead. Through his sacrifice, we can have eternal life and a personal relationship with God. The purpose of Bible Study is to help each of us grow in that relationship through study and fellowship.

The women of Side By Side come from all over the United States and from countries all over the world. We have different backgrounds and were raised in different denominations, many having never attended a bible study before!

We extend you an invitation to join us!

THEREFORE ENCOURAGE ONE ANOTHER AND BUILD EACH OTHER UP...I THESSALONIANS 5:11

The Garden Gate  
Side By Side - Rochester  
c/o Cheri Milligan  
4415 56th St NW  
Rochester, MN 55901

Meeting at Autumn Ridge Church  
for the 2009-10 year  
and in members' homes

