

# The Garden Gate

## Newsletter

Fall 2014

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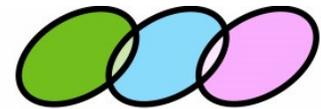
## Welcome Back to SideBySide!

If you are new, welcome! We are so glad that you decided to join us. This special issue of the Garden Gate contains everything you will need to know for 2014-2015 SideBySide (well... almost)! Whether you are new, or have been attending SideBySide for a while, you'll find the information in this newsletter helpful for our first official meeting of the year, a yummy, delicious brunch full of pastries, egg bakes (or casseroles), and fruit. It will be Friday, September 5 in the Summit Room (the big room right off the child care wing).

Did I mention that we are absolutely thrilled that you decided to be a part of this special group of women? We hope you are encouraged, loved, and filled with the word of God this year as you trust in the name of Jesus and love one another as He first loved us.

### The Mission of SBS

We are a group of medical wives that meet together weekly to pray, love, support and encourage one another, while spurring each other on in our personal relationships with Jesus Christ.



## SideBySide

A Ministry of CMDA for Medical Wives  
"Standing firm in one spirit, striving side by side" Phil. 1:27

**Dates to Remember**

**September 5**  
**9:30-11:15 AM**  
**SBS KICKOFF / BRUNCH**  
Come and enjoy a delicious brunch.  
Autumn Ridge Church  
Summit Room  
Lower Level

### Goals of SideBySide – Rochester

- To reach out to the spouses of physicians in our medical community in order to help meet their spiritual, emotional and physical needs.
- To learn more about God and the Bible while growing in our relationship with Jesus Christ.
- To challenge women to study and apply the Bible to their lives daily.
- To be a place of prayer and support.
- To build Christian community through friendship.
- To provide a safe atmosphere for children where Biblical principles are modeled and taught.

### SBS Morning Schedule

9:15—9:30 AM	Childcare Open/ Drop Off Kids
9:30—9:50 AM	Worship in the Summit Room
9:50 AM	Welcome and Announcements
9:55—10:05 AM	Speaker
10:05—11:15 AM	Small Group Time
11:15—11:30 AM	Pick up Children from Childcare (all children <i>must</i> be picked up by 11:30 AM)

**Theme Bible Verse**

**“Be joyful always;  
pray continually;  
give thanks in all  
circumstances, for  
this is God’s will for  
you in Christ Jesus.”**

*1 Thessalonians 5:16-18*

Side by Side Rochester | 2014-2015 CALENDAR

JULY 2014						
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

**4** Independence Day  
**23, 30** Summer Study

JANUARY 2015						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

**1** New Year's Day  
**9, 16, 30** SBS meets  
**19** M.L. King Day

AUGUST 2014						
S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

**6, 13, 20, 27** Summer Study  
**19** Leadership mtg (7pm)  
**21** Ice Cream Social

FEBRUARY 2015						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

**6** Winter Brunch  
**13, 20, 27** SBS meets  
**16** Presidents' Day

SEPTEMBER 2014						
S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

**1** Labor Day  
**5** Welcome Brunch – 1<sup>st</sup> day of SBS  
**12, 19, 26** SBS meets

MARCH 2015						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

**6, 13, 20** SBS meets  
**10** Leadership mtg (9:30am)

OCTOBER 2014						
S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

**3, 10, 24, 31** SBS meets  
**31** Halloween

APRIL 2015						
S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

**3** Good Friday  
**5** Easter Sunday  
**10, 17** SBS meets

NOVEMBER 2014						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

**11** Leadership mtg (9:30am)  
**14, 21** SBS meets  
**27** Thanksgiving Day

MAY 2015						
S	M	T	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

**1, 8** SBS meets  
**15** SBS Spring Brunch  
**25** Memorial Day

DECEMBER 2014						
S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

**5, 12, 19** SBS meets  
**25** Christmas Day

JUNE 2015						
S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

# SBS-Rochester, is just one of 45+ chapters around the world



SideBySide-Rochester is not one of a kind. In fact, there are many of its kind, over 45 to be exact. Each chapter is comprised of women supporting one another through the unique demands placed on their marriage and families due to their husbands' rigorous training and career in medicine.

"Never did I think I would still be in this ministry after 25 years or that God would bless it to be as big as it is," said Robin Morgenthaler, founder of SideBySide. "God works with ordinary, broken vessels, to do extraordinary things."

All glory be to God. God certainly does use broken vessels to do things bigger than we could even dream. Robin Morgenthaler, never expected the little bible study that started in her farmhouse kitchen would grow to an international ministry drawing thousands of women towards a personal relationship with Jesus Christ.

SideBySide is a ministry of the Christian Medical Dental Association (CMDA), a non-denominational national ministry to physicians, dentists, and their families. Each teaching leader has signed a Statement of Faith of CMDA.

Participants in SideBySide are not required to sign the statement of faith. However, the following statement outlines tenets that provide a basic foundation for all leaders at SideBySides.

## BELIEFS

- In the eternal God revealed in Holy Scripture as Father, Son, and Holy Spirit;
- In the unique Deity of Jesus Christ, God's only Son whose death and resurrection provide the only means of my salvation;
- In the transforming presence and power of the Holy Spirit; and
- In the divine inspiration and final authority of the Bible as the Word of God.

Side By Side Chapters



## CURRENT CHAPTERS

Birmingham, Alabama  
 Mobile, Alabama  
 Glendale, Arizona  
 Little Rock, Arkansas  
 Fresno, California  
 Denver, Colorado  
 Gainesville, Florida  
 Tampa, Florida  
 Atlanta, Georgia  
 Augusta, Georgia  
[Peoria, Illinois](#)  
[Chicago, Illinois](#)  
 Indianapolis, Indiana

Lexington, Kentucky  
[Baltimore, Maryland](#)  
 Worcester, Massachusetts  
[Detroit, Michigan](#)  
[Ann Arbor, Michigan](#)  
 Lansing, Michigan  
[Grand Rapids, Michigan](#)  
[Rochester, Minnesota](#)  
 Buffalo, New York  
 Chapel Hill/Durham, North Carolina  
[Cleveland, Ohio](#)  
[Columbus, Ohio](#)

Tulsa, Oklahoma  
 Portland, Oregon  
[Oklahoma City, Oklahoma](#)  
[Greater Philadelphia, Pennsylvania](#)  
[Pittsburgh, Pennsylvania](#)  
[Reading, Pennsylvania](#)  
 York, Pennsylvania  
[Charleston, South Carolina](#)  
 Knoxville, Tennessee  
 Nashville, Tennessee  
[Memphis, Tennessee](#)  
 Tri-Cities, Tennessee

Dallas, Texas  
[Dallas - West, Texas](#)  
[San Antonio, Texas](#)  
 Blacksburg, Virginia  
 Charlottesville, Virginia  
 Richmond, Virginia  
 La Crosse, Wisconsin

**INTERNATIONAL CHAPTER**  
 Sendai, Japan

# Sidekix Childcare Information & Policies

**We** know that being able to relax and enjoy your morning is knowing that your child(ren) are safe and happy. SBS is committed to provide a safe and positive atmosphere for your children (ages 6 months and up). Please read these policies. We thank you in advance for adhering to these guidelines.

## Hours

Drop off is from **9:15am -9:30am**

Pick-up is from **11:15am-11:30am**

**\*All children must be picked up by 11:30am!**

## Payment

SBS bible study is broken up into Fall and Spring sessions. Payment for childcare is due before each session. Payment can be made online through the SBS website, by credit card (see Christine Yoon), or by check.

## Entrance

For your convenience, please use the children's wing entrance on the first floor of Autumn Ridge (near the playground). At 9:15am you may drop your child off at the counter of the assigned classroom and make any comments/pertinent notes on the sign-in sheet. At this time, you will receive your child's claim card, which is required to pickup your child. Please park your strollers by the doors at the children's entrance.

## Routine

Arriving on time is important for your children, as it is sometimes difficult to join a group already in progress. Please drop off your child quickly. We ask that you refrain from checking on your child during the session. Doing so can further upset the children in the room. For many moms, this is the only time they separate with their children. Please know that our staff is experienced and if your child does not calm down, you will be contacted via your cell phone. It is just as important to promptly pick-up your child near 11:15am. Even the most well adjusted children become fearful or anxious if left after others have been picked up.

diaper along each week. Our childcare staff cannot be responsible for toilet training. Please have your child use the bathroom before dropping them off. If a child requests to use the bathroom, they will be taken. However, our staff will not initiate the trip to the bathroom. Please bring a change of clothes during this process.

## Food/Drink

Children will be provided a small snack and water to drink out of the church cups. Please do not bring any cups with juice or milk in it. Remember to feed your children breakfast before coming. Milk bottles from home are fine for infants. These as well as diaper bags need to be clearly labeled with your child's name. Please keep personal items to a minimum. If your child has any food allergies, please promptly speak to a member of the Childcare Team.

## Illness

Please be respectful of other children, families, and adults by keeping an ill child at home. Children who show signs of fever, rash, diarrhea, vomiting, coughing, green mucous from the nose in the past 24 hours cannot be accepted into the childcare program for that morning. You will be notified immediately if your child becomes ill while at SBS.

## Fire Emergency

In case of an actual fire emergency, all children will be exited through the Children's Wing entrance and wait in the designated fire emergency area in the parking lot for their mothers. This area is indicated by the large yellow-painted rectangle located between the Children's Wing entrance and the rear Skybridge Entrance.

## Bible Study

Please remember that SBS bible study is for adults. Infants and nursing children can stay with their mothers, but please be respectful of the other women and step out if your child is fussy or disruptive. Your small group leader can help guide you in this decision.

**If you have any questions concerning childcare, please contact the Childcare Team:**  
**Meghan Olsen**, Childcare Coordinator, meghanolsen@gmail.com; **Leah Calvin**, Room Assignments, (651) 238-3821; **Christine Yoon**, Childcare Payment, sidebysiderochester@gmail.com.

# Discussion Guidelines



1. We have a limited amount of time to discuss our lesson; it is precious time. Let us agree to focus on the Scripture and discussion group materials for each study, and refrain from sharing unrelated stories and agendas, etc.
2. There are some areas of Scripture over which the brightest and the best minds still do not agree. Over areas of conflict, we shall agree to graciously disagree.
3. Most of us are here because our husbands share a common profession and workplace, please take special consideration to how we speak of our husbands in the small group. We'd like to encourage each other to be honoring in our speech, in a way that shines a positive light on our spouse. This doesn't mean we can't talk about the marital challenges or struggles we all face, but let us be honoring of our spouse in how we share them. In turn, the details shared in the small group, must be kept confidential and stay with the group only.
4. Some studies include homework and we encourage you to complete this by class time. You will find that these types of studies result in much richer discussions if everyone is prepared. However, we encourage you to come to Bible study even if your lesson is not completed. We would miss your presence and we do not want you to miss a blessing.
5. What is shared in the small group is for our mutual learning experience and not gossip. You may discuss personal items, but please refrain from discussing others. Also, remember that matters discussed during small group time shouldn't be discussed outside of the group.
6. Please refrain from giving pointed advice during group time. This makes people less willing to share, and focuses too much attention on one person. The discussion group aims to provide a caring, listening environment.
7. Please feel free to bring any visitors you might have. We love meeting your grandmas, moms, mothers-in-law, sisters, and girl friends.
8. Please silence or use vibrate setting for your cell phones, and excuse yourself from the room if you need to answer a cell phone call. The church is not to be called if someone needs to reach you.

## *Guidelines for Prayer Time*

- It is a privilege to pray for you, and your leaders are committed to praying each week for your families and marriages. Your leader will give you the opportunity to ask for prayer. We encourage you to pray for each other.
- No one is expected to pray aloud
- Scripture reminds us to pray for those in authority (1 Timothy 2:1-2); however, Side By Side does not endorse any political party or person.
- Please remember that prayer requests should be kept confidential.

For where two or three are gathered in my name, I am there in the midst of them.

-Matthew 18:20

# SBS-Rochester Ministry Team 2014-15

## Friday AM Steering Committee

Heidi Koster (Leadership Coordinator)  
Christine Yoon (Administrative Coordinator)  
Jennifer Hess (Communications Coordinator)  
Meghan Olsen (Childcare Coordinator)  
Ingrid Geske (Friday AM Coordinator)  
Alesha Aakre (Special Events Coordinator)

## Tuesday Night Steering Committee

Bethany Piotrowski (Administrative Chair)  
Kristin Holmberg (Leadership/Training Chair)  
Leona Han & Rachelen Samuel  
(Social/ Community Service)  
Holly Tolkachjov (Treasurer)

## Childcare Team

Leah Calvin (Room Assignments)  
Meghan Olsen (Childcare Coordinator)  
Christine Yoon (Childcare Payment)

## Garden Gate

Katherine O'Grady

## Worship Team Coordinators

Kimmie Collins  
Laura Shotts

## Friday Morning Small Group Leadership

### The 7 Experiment

Marlene Murray & Heidi Sems

### Crazy Busy

Erica Camp & Sara Jaeger  
Jessica Spencer-Gardner (care)  
Sara Rivera (care)

### Gideon

Ingrid Ansell, LeeAnn Tebben, and Deb Zeldenrust  
Liz Mannenbach (care)

## Daniel (I)

Chris Schmidt & Malia Howe  
Bethi Goss (care)

## Daniel (II)

Julianne Hagan & Chantal O'Driscoll  
Cari Ekbohm & Alesha Aakre (care)

## Ever After

Lisa Young & Rachel Batdorf  
Michelle Hendrickson (care)

## Sitting at the Feet of Rabbi Jesus

Jan DeGrado & Gayle Moir  
Stephanie Auton (care)

## The Reason for God

Leah Calvin & Linda Kitaoka  
Ingrid Geske, Christon Sawatsky (care)

## Prodigal God

Ruthie Beahrs & Nicole Kahoud  
Bailey Gladden (care)

## Intimate Issues

Jennifer Hess & Julie Bashore  
Rebecca Nesse (care)

## International Group

May Ling Chen, Rosie Thacher, Katherine O'Grady  
Lucinda Clements (Care)

## Tuesday Night Small Group Leadership

### Gideon: Your Weakness, God's Strength

Ariel Boswell  
Leona Han  
Rachelen Samuel

### Tuned In: Hearing God's Voice

Karley Miles, Holly Tolkachjov, and  
Kristin Holmberg